

Volume 53 Issue 2(bi-monthly)

March-April 2026

Adar/Nisan/Iyar 5786

TBE Tzedek Committee

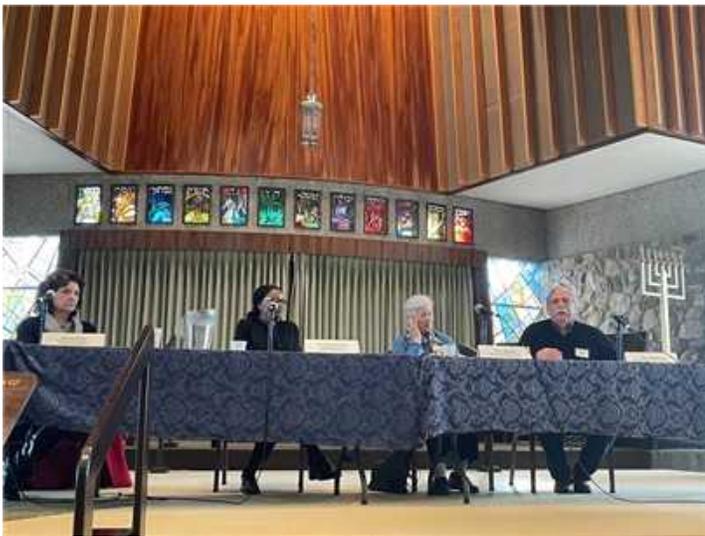
Censorship, Book Banning & 1st Amendment Rights

Panel: Dr. Tamu Lucero, Superintendent of Stamford Public Schools; Alice Knapp, CEO of The Ferguson Library; Regan Allen, parent advocate; facilitator Carl Weinberg.

TBE Kulanu Committee

After October 7: Campus anti-Semitism and the Jewish Response

Uriel Cohen, Executive Director Slifka Center, Yale; Edina Oestreicher, Executive Director, UConn Hillel; Dr. Daniel Rosenthal, AJC Center for Education Advocacy; Shirly Afrimi, Israel Fellow, UConn Hillel; Abe Baker-Butler, student voice from Yale & AJC Campus Global Board; Moderator Myra Clark-Siegel, Regional Director, AJC Westchester/Fairfield



PURIM CHARACTER BREAKFAST FOR YOUNG FAMILIES

Crafts, Costumes and Fun!



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WHERE TO FIND IT

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OUR STAFF IS MOST EAGER TO ASSIST YOU

Monday-Thursday, 9am-5:00 pm | Friday, 9am - 2:00pm

Phone: 203-322-6901 Fax: 203-322-0532

Michael Knopf, Senior Rabbi (rabbiknopf@tbe.org)	ext. 307
Katie Kaplan, Cantor (cantor@tbe.org)	ext. 315
Erica Newman, Executive Director (execdir@tbe.org)	ext. 304
Leo Linder, Director Keshet Beth El (eddir@tbe.org)	ext. 305
Gerry Ginsburg, Associate Rabbi (rabbiginsburg@tbe.org)	ext. 300
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Mindy Rogoff, Temple Secretary (office@tbe.org)	ext. 308
Rad Vazquez, Facilities Manager (maint@tbe.org)	ext. 314

MICHAEL ROSE KNOPF, SENIOR RABBI

In my installation sermon, “*Together, Toward Redemption*,” I spoke about a vision of congregational life rooted in responsibility, relationship, and shared moral purpose. Much of what we have focused on at TBE since then has flowed from that vision — strengthening connections, deepening learning, clarifying values, and creating space for serious engagement with the world we are living in.



The world around us feels heavy right now. Many of us are carrying fear, grief, anger, and exhaustion in response to rising anti-Semitism, ongoing violence and displacement, deep polarization, and immense human suffering, both close to home and far beyond it. Our tradition does not ask us to look away from these realities. Indeed, particularly during this season, the Jewish calendar carries us through one of its most demanding and generative stretches: the journey from Purim to Passover. These holidays are often experienced as very different moments — one playful and loud, the other solemn and structured — but our tradition insists that they belong together, that they trace a moral arc meant to shape not only what we celebrate, but how we live. Purim is about the importance of speaking out, even when it’s risky, to save lives and pursue justice. And on Passover, we learn that redemption requires more than just raising our voices. Rather, it demands that we join hands and march, together, toward the Promised Land.

Those insights have increasingly shaped the direction of our congregation. We have been working to make repairing the world more central to our shared life — not as a departure from Jewish tradition, but indeed as one of its deepest expressions, taking seriously the moral demands of our tradition by working to alleviate urgent human need through acts of care and compassion, and striving to build a more just and peaceful society. Our work so far in these areas has made a real difference, strengthened our community, and clarified who we are.

Taking justice seriously also means building the skills and practices that allow us to engage effectively and sustainably. That is why, on Wednesday, March 19 at 7:00 pm, we will be hosting a community organizing training at TBE, led by our rabbinic intern, Abby Allen. Organizing is about learning how to listen deeply, build relationships, and translate shared values into collective action. This training is not about telling people what to think; it is about equipping our community with tools to act thoughtfully, strategically, and together — especially in moments that demand moral clarity and care. I hope you will consider joining us for this important gathering.

Additionally, on March 20–21, we’ll be holding our annual Refugee Shabbat, which fits so meaningfully in this season. It offers us an opportunity to place our most sacred story — a people once oppressed, displaced, and seeking safety — alongside the lives of immigrants and refugees

Continued on page 4...

KATIE KAPLAN, CANTOR

TWO UPCOMING MUSICAL MOMENTS AT TBE

Americana Kabbalat Shabbat Friday March 13th at 7pm



I’m so excited to share two upcoming musical experiences at Temple Beth El. On Friday March 13th we will be celebrating Shabbat Across America with a special musical Americana Kabbalat Shabbat service featuring the trio Gathering Time. Dubbed “The keepers of the flame” of 1960s folk and folk rock, Long Island-based folk rock harmony trio Gathering Time mixes faithful interpretations of 60s and 70s classics with their own original songs. Their sound reflects the harmonies and arrangements of the genre’s pioneers: Peter, Paul & Mary, The Byrds, Simon & Garfunkel, Joni Mitchell, and Crosby, Stills & Nash, brought into today with an acoustic-electric alchemy all their own.

With folk music and religion sharing many of the same themes of cultivating compassion, caring for humanity, promoting peace, and partaking in acts of loving kindness, it is a natural fit to incorporate folk songs into a creative worship service. I am so excited to collaborate with Gathering Time and bring a new musical service to our congregants at TBE. Register and join us for dinner beforehand and come ready to sing and clap along to your favorite folk songs.



GATHERING TIME

AND

The Norma and Milton Mann Memorial Cantor’s Concert: Another Day Will Come “Od Yom Yavo” Featuring Noah Aronson & Friends Sunday April 26th at 7pm

We are delighted to present our annual Norma and Milton Mann Memorial Cantor’s Concert, *Another Day Will Come/Od Yom Yavo*, featuring acclaimed musical artist Noah Aronson alongside special guests including several cantors and choral singers. This year’s concert will be honoring our very own Susan Frieden for her tremendous service and contributions to our Temple Beth El community. This spirited and engaging concert will showcase original choral arrangements by composer and arranger Dave Schlossberg, setting Noah Aronson’s beloved music for choir in powerful and inspiring new ways.

Continued on page 5...

today, and to ask what it means to take that story seriously in our own time. This is not about abstract matters of public policy. It is about moral memory, human dignity, and collective responsibility.

As we move from Purim’s call to speak with courage to Passover’s call to march together toward redemption, the question before us is not whether the world is broken. We know that it is. The question is how we will respond — together, thoughtfully, and with integrity. The Jewish tradition does not promise that this work will be easy, or that outcomes are guaranteed. What it does promise is that our choices matter, and that we are meant to make them part of a community.

My hope for this season is that we allow it to shape us — not only what we believe, but how we live, how we care for one another, and how we respond to the suffering we encounter in the world around us. May we have the courage to speak, the resolve to act, and the steadiness to keep moving together, step by step, toward redemption.

Rabbi Michael Knopf

**Back to the Future:
A Strategic Tribute to Fred Golove, z'l**



A few weeks ago, our congregation lost one of its giants, past president Fred Golove. In paying tribute to him at his funeral, I wanted to highlight one of Fred’s great passions: strategic planning. He was the best strategic planner this Jewish community has ever had. Every agency was touched by him, including some far afield.

Pope John Paul II said, “Let us remember the past with gratitude, live the present with enthusiasm, and look forward to the future with confidence.” Fred embodied that philosophy. He always thought strategically.

For a student of history, he was quite the futurist. I remember when he told me he had procured the web address *tbe.org*, back in the ‘90s. For decades, rabbis asked me how, of all the Temple Beth Els in the world, we managed to snag that precious cyber real estate. It was because of Fred helped us to develop a top-flight web presence when other synagogues were still working with mimeograph machines. Fred was so forward looking. His hunches weren’t always right – maybe we *didn’t* need a tent on the high holidays to avoid fire code violations. But he always kept his eyes on the prize.

I can recall standing with him in the back of the sanctuary before a *Mincha-Havdalah* bar mitzvah in the mid ‘90s. Fred would often usher at those services – he was an amazing greeter - and he bemoaned the sterile nature of those essentially private bar mitzvah services, when people often wore tuxedos and formal dresses and the social hall was made up to be a ski lodge, and Fred wondered whether this really was the way to grow a community. He pushed hard for strategic change and more lively and communal music, and within a few years, a radical transformation occurred here. He wanted to see unmitigated joy. His middle name, after all, was *Simcha* - joy. And Fred made that happen. He dove into every new project with joy, and the more innovative, the better. As he once said to me, “We are here to create not merely survive!!!”

As I was working on my eulogy, I came across the vision statement that Fred helped to develop, which covered the ten-year period from 1997-2006. You can find it on my website [here](#) and on page 5 in this bulletin.

Keeping in mind that it expired exactly twenty years ago, I invite you to look back at it and see how ahead of its time was. It aimed high, as we always have, and we didn’t achieve all its objectives, as we fleshed out those goals into a full-fledged strategy.

But man, was it ever exciting to try. And thanks to Fred, we never stopped thinking strategically.

Rabbi Joshua Hammerman



TBE Men's Club Scholarships 2026

Kaplan Scholarship applications are now available for Jewish graduating high school seniors. Click [here](#). Applications must be submitted to guidance counselors by April 10, 2026 and to the Scholarship Committee by April 24, 2026.



TBE MEN’S CLUB PRESENTS

Yom HaShoah Commemoration

Sunday, April 12 1:00-2:30pm

Healing the Past: My Journey Reclaiming Citizenship and Visiting Germany presented by Cantor Katie Kaplan

Yellow Candle Distribution



**Interested in serving
on the Temple Beth El Board of Trustees?**

Temple Beth El’s Bylaws provide that members in good standing may apply to become members of the synagogue’s Board of Trustees for a three-year term. Elections are held at the Annual Membership Meeting.

If you are interested in serving on the Board of Trustees, please contact Erica Newman, Executive Director, execdir@tbe.org or 203-322-6901, x304.

TBE VISION STATEMENT 1997-2006
(for full strategic plan, see www.tbe.org)

Our vision of Temple Beth El in the year 2006 is:

The Temple is a thriving, gathering place that is:

- The enthusiastically preferred spiritual home of a broad spectrum of households and individuals ranging religiously from liberal Conservative Jews to traditional Conservative Jews. Shabbat religious services are overflowing for Kabbalat Shabbat and for shacharit, there is always more than a minyan for daily services and full congregational participation in services is spontaneous and overwhelmingly moving and coalescing.
- The preferred spirituality-related social venue for Jewish individuals in need of community, including teens, singles, young couples, young parents, seniors and families. Social opportunities - from those that surround religious services, to those that encompass education, heritage or just plain fun - are heavily subscribed to and attended.
- The guiding light for parenting school age Jewish children.
- The Jewish community's leader in heightening feelings of Jewish pride and nurturing Jewish heritage.
- A leader in promoting the community's pride in and ties to the State of Israel.

The Temple's Hebrew School is fully subscribed and is a major attraction for membership because it is the premier Jewish supplementary Hebrew School in the community for the following reasons:

- Children love to attend and parents love to send their children.
- Whole families are involved in the learning experience and thrive on it.
- The school experience is highly stimulating and very creative, covering both basics and more advanced areas.
- The school's students graduate with a knowledge of familiar,

common expressions in Hebrew that are interactive and responsive. In addition, there is an emphasis on learning prayer book Hebrew. Implementation of modern motivational techniques and applications of new learning technologies enhance Hebrew study.

- Students and parents feel connected to the Hebrew School through all of the children's elementary school, middle school and high school years, and look to the school for guidance even after that.
- The school is a leader in non-resident, distance and individually guided learning, minimizing the inconvenience and difficulties caused by the previous intractability and conflicts of time and place, and of group teaching. Temple Beth El's Hebrew School is a cornerstone of learning "any time, any place, at any pace."
- Dealing with the business aspects of the school is so easy that they are almost transparent.

Temple Beth El is known as a congregation that "takes care of its own," including:

- Overall and overwhelming feeling of *kehilla* - community - that is very much at the heart of the Temple and of each and every member.
- Organized and spontaneous mutual support for all *simchas* and sorrows.
- Clergy counseling that is qualitatively and quantitatively superior.
- All members feel welcome at home and comfortable, regardless of their educational or religious level.

Temple Beth El is a leading religious institution in the area in dealing with community and social issues of all:

- The atmosphere of *tzedakah* and *tikkun olam* is imbedded in the very essence of the Temple's character and in the lives of its members in ways that make life spiritually most fulfilling.
- Outreach is extensive and well recognized.
- Temple members are heavily involved, particularly youth.

The Temple is an exceptionally well managed business that delivers well understood value to its members, providing:

- High quality responsiveness to every-day and special member needs.
- A consistently comfortable financial picture that routinely enable the Temple to mature according to its vision and plans. Financial management that is above reproach. A congregational mindset that high levels of financial support of the Temple are an important and necessary investment.
- Staff that puts the membership first at all times.
- The greatest ease of Temple business communication by and to members through technology and people skills. The Temple is a model for any organization in communicating with its "customers." Dealing with business aspects of the Temple are effortless.
- A facility that is always a source of great pride to Temple members.

Volunteerism is extensive, challenging the Temple's ability to put all to work.

KATIE KAPLAN, CANTOR continued from page 3...

Noah Aronson, a Brooklyn-based composer and performer, has inspired Jewish communities worldwide with music that blends spiritual depth, contemporary sound, and a deep sense of connection. His songs have become staples in congregations, camps, and concert halls, inviting audiences into moments of joy, reflection, and shared meaning.

Dave Schlossberg is widely recognized for his original compositions and innovative choral arrangements, which are performed by Jewish choirs and ensembles across North America. I took part in the world premiere of these choral settings this past summer at the North American Jewish Choral Festival, where I performed along with a festival ensemble of singers and cantors under the baton of Josh Gonzalez. We are thrilled that Josh Gonzalez will once again join us for this concert as conductor of the choir, along with several of the acclaimed singers, to help us bring these dynamic works to life once again.

I look forward to sharing the stage with Noah and joining him for some duets as well as singing with choir of performers as he entertains us with his dynamic settings. The opportunity to collaborate with all these incredible musicians is definitely one of the highlights of my year. I can't wait to introduce Noah's music to my TBE family.

Please plan to join us for an unforgettable celebration of music, community, and hope — Another day will come!



NOAH ARONSON AND FRIENDS

SHABBAT SERVICES

Friday Night services are held at 7:00 pm

Shabbat Morning services are held at 10:00 am

Our services may be seen on livestream

<http://www.tbe.org/tbe-live/>

All are welcome!

CELEBRATE SPECIAL OCCASIONS ON SHABBAT MORNING

Celebrate a birthday with our TBE family! We warmly invite you to celebrate your birthday with the congregation on Shabbat morning. During that service, we will invite you for a celebratory Aliyah. We hope you will share in that joyous moment. If possible, please let us know ahead of time which Shabbat you'll be attending, and we will gladly provide you with an Aliyah at that time. Please also note that we are proud to continue marking special milestone birthdays with personal blessings in addition to this new ritual. If you fall into that category, you may contact Eileen H. Rosner at rosnereileen@gmail.com to make the appropriate arrangements.

Celebrate an anniversary! On behalf of the entire congregation, we invite you to celebrate your wedding anniversary with the congregation with an Aliyah on Shabbat. If possible, please let us know ahead of time which Shabbat you'll be attending, and we will gladly provide you with an Aliyah at that time.

While it is most certainly not expected, if you would like to elevate your birthday or anniversary celebration and the congregation's joy by helping to sponsor Kiddush on the Shabbat of your Aliyah, we would be most grateful for your generosity. Please call Mindy Rogoff at 203-322-6901, ext. 301 or office@tbe.org.

Special Occasion?

Sponsor the Shabbat Announcements
(emailed every Thursday afternoon)

or

Rabbi Knopf's Shabbat Reflections
(emailed every Friday morning)

Donation of \$118

All sponsors will be acknowledged at the top of each of the eblasts and also listed in our bi-monthly Bulletin.

Contact Mindy to reserve your date
office@tbe.org

WE WELCOME YOU TO JOIN US ON SHABBAT MORNINGS

We warmly welcome you to show up for services on Shabbat in whatever way is meaningful to you. A reminder: you don't have to attend services to come for lunch on Shabbat! Services begin at 10 am, and we get to lunch around 12:15 pm. You can also show up for and/or leave services any time:

- From 10 until about 10:30 am, we sing the joyous and soulful melodies of P'sukei D'zimrah, the preliminary service.
- From about 10:30 to 10:45 am is the morning service, Shahrut (including greatest hits like Shema and the Amidah).
- We take the Torah out at about 10:45 am, and chant from the Torah and Haftarah portions until about 11:30 am.
- The D'var Torah (sermon) takes place around 11:30 am.

Between 11:45 am-12:15 pm, we conclude the service with Musaf, Aleinu, and Adon Olam (we always invite children up to help lead some of these final prayers, and any kid who helps lead gets to pick a prize from the Rabbi's "Tchotchke Chest"!).

And for those who wish to partake, you are welcome to make a "L'chaim!" with us on a beverage of your choosing (whether alcoholic or non-alcoholic) after services.

Get involved, please...

Help Wanted! In order to maintain our vibrant and dynamic community, the Fund-Raising Committee needs more members to support TBE and volunteer their skills and talents. Many of these opportunities ask for very small-time commitments. Please consider getting involved with the:

Annual Appeal | Temple Rock | Cantor's Concert

If you are interested in volunteering, please contact us and we will give you more information.

Thank you!

Contact Ron Zussman rmzussman@gmail.com or Erica Newman execdir@tbe.org for information.

SEEKING SHABBAT GREETERS

Do you like getting a warm "Shabbat Shalom" as you enter shul on Saturday morning?

Our greeting program has been extremely well received. To keep this program going, we need volunteer greeters like you.

For more information Contact Jon Eisenstein at jon.eisenstein@gmail.com

Thanks for helping make Temple Beth El a warm and welcoming place to be.

B'NAI MITZVAH

March 14, 2026

BAILEE WAHREN

Daughter of Danielle and Barry
Attends Dolan Middle School
Mitzvah Project: Volunteer coach for
Stamford Youth Soccer League's Junior
Recreation Program



To learn about B'nai Mitzvah Projects visit [Mitzvah Projects - Temple Beth El](#)

MAZAL TOV TO...

Lauren and Andrew Zaprzalka on the birth of a son.

Sharon & Steve Winer on the birth of a grandson, Chase Owen Winer, born to Remi & Scott Winer.

Lisa and Michael Rome on the birth of a granddaughter, Emma Madeline Rome, born to Stephanie and David Rome.

Debbie & Walter Morgenthaler on the birth of a grandson, James Ari Duffy, born to Sarah and Matt Duffy.



Share your family's simcha (engagement, marriage, birth, Bar or Bat Mitzvah of a child or grandchild) and other joyous event. Just contact the TBE office at office@tbe.org or 203-322-6901, ext. 301.

HONORABLE MENSCHEN TODAH RABAH TO OUR TORAH READERS

BARRY ERNER ✧ MELISSA DREYFUS-ERNER
AMANDA GEFFNER ✧ MADISON GOICHMAN
LISA GROVE-RAIDER ✧ RABBI JOSHUA HAMMERMAN
DEVRA JAFFE-BERKOWITZ ✧ ETHAN KAPLAN
CANTOR KATIE KAPLAN ✧ VIVIAN KAPLAN ✧ JOY KATZ
MICHAEL KATZ ✧ NEIL KATZ ✧ RABBI MICHAEL KNOPF
LEO LINDER ✧ BERT MADWED ✧ NAOMI MARKS
MATT MILLER ✧ SUSAN SCHNEIDERMAN ✧ LAEL SHAPIRO

BETH EL CEMETERY ASSOCIATION

Information about the Beth El Cemetery Association, Inc. is available from:

Allan Lang at 203-327-6418
or
Eileen H. Rosner at 203-461-0506

BETH EL CARES

Beth El Cares focuses on chesed and tzedakah by helping the poor and unfortunate through mitzvot, both in our synagogue and the greater Stamford community. We welcome volunteers! This is the work we are currently engaged in. If you are interested in volunteering in any of these endeavors, please contact the person listed.

Reyut (Friendship): Committed to serving the needs of those in our TBE community, including friendly visits, assistance with errands and transportation, Shabbat bag delivery to hospitalized patients. Contact Melanie Massell at reyut@tbe.org or 203-274-1708.

Project Ezra: Providing shiva meals to the bereaved in the congregation. Contact Debbie Adler-Klein at dakmd75@gmail.com or 203-253-1664.

Serving the homeless: Help prepare and serve food — you can do either or both throughout the year. Contact Julie Rosenberg at julierosenbergsjp@gmail.com or 203-273-6794.

High Holiday Food Drive: Contact Sharon Turshen at 203-323-3872

Christmas dinners at local homeless shelters: Contact Karen Resnick at kmr925@sbcglobal.net or 203-536-3115.

THANK YOU FOR SPONSORING KIDDUSH

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JUDITH HELZNER
ALAN JAFFE
ERIC and CANTOR KATIE KAPLAN
LESLIE GLENN and NEIL KATZ
ADIRA and RABBI MICHAEL KNOPF
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**Temple Beth El, Stamford
and
Congregation Beth El, Norwalk
Proudly Present:**

KESHER BETH EL
*Beth El Connections: Two Synagogues,
One Learning Community*



It's been a cold winter, but Keshet has been keeping it warm with lots of high-energy activities. We closed out 2025 with the Chanukah Carnival, where students made dreidels out of origami, marshmallows, and yes, even clay! We crafted, we competed, we cooked, and we found TONS of ways to spell the holiday. Our *shaliach* Koren kept us on our toes with engaging discussions and fast-paced games that taught everyone some new Hebrew words. And despite all the snow around us, we got to celebrate the start of spring with a Tu B'Shevat seder, complete with a precise formula of mixing different colors of grape juice and all kinds of symbolic fruit and ice cream. We're still giving back to the community by bringing eggs and shelf-stable milk to CBE and boxes of pasta and rice to TBE; stay tuned for upcoming mitzvah opportunities like Blake Rosen's hot chocolate sale supporting Filling in the Blanks! We're also looking forward to an exciting spring, with students performing in a *spiel* and even reading Megillah at Purim!

Interested in joining us or want to learn more? Email me (eddir@tbe.org) for more info, or to arrange a trial day!

Leo Linder
Keshet Director

IN PERSON SUNDAY MORNINGS GRADES K-7
ZOOM HEBREW TUTORIALS THURSDAY
AFTERNOONS GRADES 3-7

- Monthly Sunday Morning Learning Program for ages 3-4
- Amazing Holiday Celebrations
- Experiential, Interactive Learning
- Small Group Hebrew Learning
- Weekly Tefilah (worship service) led by our clergy, teachers, and students
- TRY US OUT FOR A YEAR! For grades K-2, registration for the first year is open to non-members; tuition is reduced 50% for the first year for members.

For more information contact Leo Linder:
eddir@tbe.org.



6th and 7th graders have been exploring the Jewish life cycle in their Judaic Studies class, and used their learning to present a Mock Bris and Simchat Bat to welcome a set of (plastic) twins into the world. Mazal tov to the "Cohen" family!

K'TANIM

A monthly Jewish learning Sunday drop-off program for 3 and 4 year-olds.
9:00am-11:45am

GAMES! MUSIC! TORAH! HOLIDAYS!
STORIES! CRAFTS! BLESSINGS! FUN!

You do not need to be a member of a synagogue to participate.

Questions? Contact Leo Linder at eddir@tbe.org.



Koren always brings out our competitive side during his activities about Hebrew and Israeli culture.

Trees are blowing in the wind! Cantor Katie helped students in both Upper and Lower School get in touch with nature and with the symbolism of Tu B'Shevat.



Join Congregation Beth El and Temple Beth El for

PURIMFLIX: MEGILLAH & CHILL

Monday, March 2

5:00 PM - 9:00 PM

350 Roxbury Rd, Stamford, CT 06902

Two Shuls. One Story. An ancient classic, a few dramatic twists – and a grand old time, now “streaming live”. Come in costume, bring your people, and experience the Megillah in true Purim style: fun, festive, and totally binge-worthy. Laughter, Megillah, Purim vibes

RSVP here www.tinyurl.com/purim3-2-26 (or use the QR code)



RSVP HERE:



TBE Musical Kabbalat Shabbat

Friday, March 27 at 7:00pm

Kabbalat Shabbat led by
Rabbi Michael Knopf, Cantor Katie Kaplan & Leo Linder



Featuring special musical guests Em Lebow & Barbara Orwick



Can't join us in person? Join us on Livestream:

<http://www.tbe.org/tbe-live/>

Temple Beth El, 350 Roxbury Road, Stamford, CT 06902
203-322-6901 www.tbe.org



Shabbat Lab

Shabbat, March 28, 2026

10:00am: Shabbat Service

Led by Rabbi Michael Knopf in the sanctuary with
livestream www.tbe.org/tbe-live/

10:45am: EmBODYing Shabbat

An alternative to our main sanctuary Shabbat morning
service, this Embody Shabbat Experience will take place
from 10:45am-12:15pm upstairs in the triple classroom.

Led by certified Yoga instructor, Rochelle Mitlak, along
with Cantor Katie.

Join us to physically and mentally embody Shabbat
through chant, breath work, yoga poses, and
meditation. Click here to register: www.tinyurl.com/yoga3-28

A personal Yoga mat and/or blanket is
advised, but not required. All poses will
also be offered with modifications so that all
are able to participate in this session.

12:00pm: Kiddush Luncheon for All

Come for any or all parts of the morning.



Temple Beth El, 350 Roxbury Rd. Stamford, CT
203-322-6901 office@tbe.org
www.tbe.org



We invite 6th & 7th Grade students and their parents,
along with the congregation to join us and Jews
from all over the world as we roll up our sleeves
and participate in the annual...

World Wide Wrap 2026

Sunday, March 8, 10:00am
in the TBE Chapel and Social Hall



We'll wrap *tefillin*.
(aka phylacteries - a great vocab word!)
We'll put on tallitot (prayer shawls).
If you have a tallit and/or tefillin, bring them along!

Breakfast sponsored by the TBE Men's Club!

Breakfast is free, but registration is required so we will have enough for everyone.

Click here to RSVP: www.tinyurl.com/www3-8

Temple Beth El, 350 Roxbury Rd., Stamford, CT
203-322-6901 office@tbe.org www.tbe.org
 Like www.facebook.com/tbestamford



TBE Celebrates



SHABBAT ACROSS AMERICA
Friday, March 13, 2026

Americana Shabbat

5:30 pm: Congregational Shabbat Dinner

7:00 pm: Kabbalat Shabbat Service

Led by Rabbi Michael Knopf and Cantor Katie Kaplan

Featuring
Gathering Time
special musical guests



Adults and children 13 and older - \$36 per person
Children 12 and under - \$18 per person (Children 3 and under are free.)
Max per immediate family - \$90

RSVP by Sunday, March 8 at 5:00 pm. Click here: www.tinyurl.com/saa3-13

All are welcome to attend the service.

Dubbed “The keepers of the flame” of 1960s folk and folk-rock, Long Island-based folk-rock harmony trio Gathering Time has performed both in the US and internationally for nearly two decades, mixing faithful interpretations of both '60s and '70s classics and old traditional tunes with their strong original songs.



BACK BY POPULAR DEMAND

TEMPLE BETH EL SOCIAL CLUB

TBE TUNES!

**WEDNESDAY,
MARCH 25
7:00PM**



LIVE DJ & KARAOKE
WITH MUSIC FROM ACROSS THE ERAS

**ONLY
\$36**
RAFFLE TICKETS
INCLUDED!

**OPEN TO
THE
COMMUNITY!**

SPECIALTY COCKTAILS MIXED BY TBE'S BARRY ERNER!

— INCLUDES LIGHT BITES —

REGISTER TODAY!

<http://www.tinyurl.com/karaoke3-25>

Temple Beth El: 350 Roxbury Rd, Stamford
www.tbe.org



Essentials of Judaism: An Introduction to Jewish Life & Thought

Mini-Series #3: Jewish History & Peoplehood

Dates: February 26, March 5, 12, 19

Time: 7 – 9 pm

Location: Temple Beth El Library

Tuition: \$54

Please join us for an engaging 4-session mini-course exploring the unfolding story of the Jewish people from ancient times to the present, tracing how history, belief, and culture shaped a shared sense of peoplehood. Beginning with the world of the Bible, students examine the origins of Israelite identity and sacred texts, then move into the rabbinic period, when Jewish life and law were re-imagined after the destruction of the Temple. The course continues through the Middle Ages, highlighting diaspora communities, intellectual and spiritual developments, and encounters with surrounding societies, and concludes with the challenges and transformations of modernity. Throughout, the class emphasizes continuity and change in Jewish identity, community, and tradition across time and place.

Whether you're reconnecting with Jewish practice, seeking deeper meaning, of a different faith, or simply curious about the traditions that have shaped Jews for generations, this course offers a welcoming space to learn, ask questions, and grow.

To register, [click here](#) or go to bit.ly/tbe-miller. Spouses/partners may attend at no additional charge.

Taught by a rotating team of TBE clergy and educators and open to TBE members and nonmembers alike.

Temple Beth El, 350 Roxbury Rd., Stamford, CT
203-322-6901 office@tbe.org www.tbe.org
[Facebook.com/tbestamford](https://www.facebook.com/tbestamford)



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BETH EL B'YACHAD: TBE TOGETHER

Small Groups Initiative

Come together to connect with others at TBE through shared interests, identities, and life stages.

These groups are entirely **lay-led**, and the meeting schedule and activities are determined by the members.

You can join our current groups or start your own!

20s and 30s Group

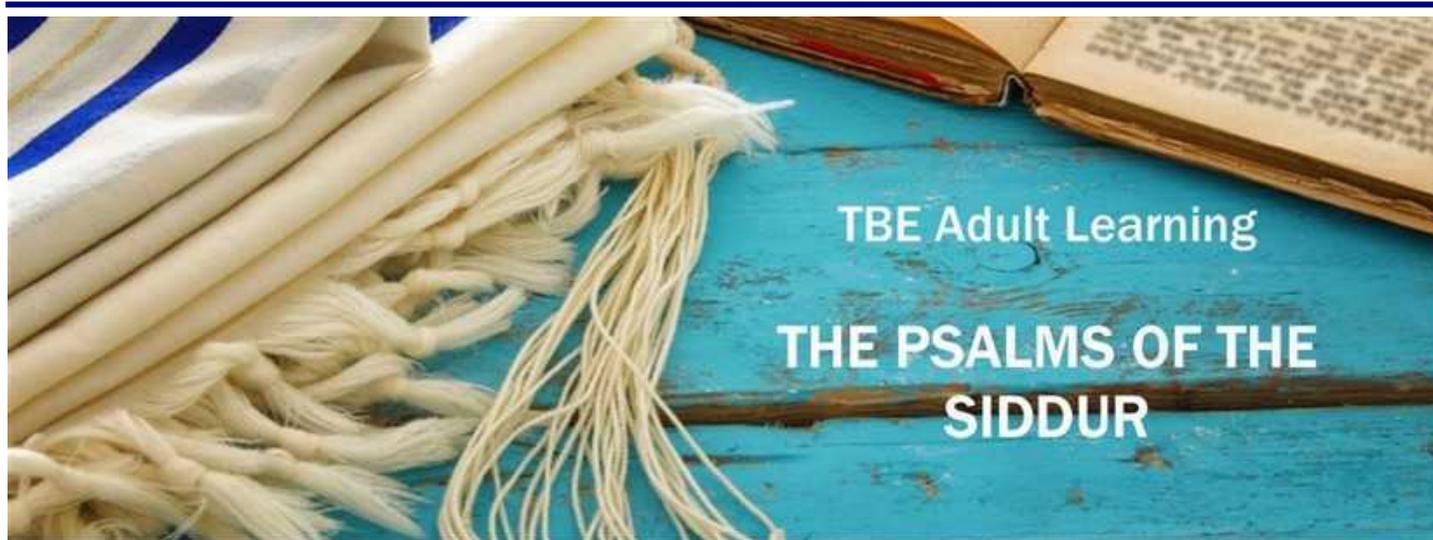
Walking Group

Dog Group

Israel and Us: Discussion Group

If you would like to start a group or would like more information reach out to our Rabbinic Intern Abby Allen at aballen@jtsa.edu

Sign up here: www.tinyurl.com/tbesmallgroups



TBE Adult Learning
**THE PSALMS OF THE
SIDDUR**

Join Rabbi Knopf for a series of virtual lunch ‘n learn sessions as he looks at some of the oldest, most poetic, and most enduring pieces of Jewish prayer found in the *Siddur*, the Psalms (*Tehillim*).

- Study the Psalms historically and linguistically, looking closely at what the text says and how it says it.
- Understand why particular Psalms were woven into the daily, Shabbat and holiday liturgy.
- Explore how their themes can mirror our own spiritual narrative and illuminate our own lives and prayer practice.



Classes will be held Wednesday afternoons on Zoom starting December 3 from 12pm to 1pm. Attend as many sessions as you can and, optionally, stay for the *mincha* service immediately thereafter.

For more information, a schedule of classes, and to register, go to bit.ly/tbe-psalms.

Tuition: TBE members – Free | Nonmembers - \$18

All backgrounds are welcome. No prior knowledge is necessary — only curiosity.

Temple Beth El
350 Roxbury Road, Stamford, CT

Let's play
mah jong
and canasta!



TBE Sisterhood invites you to a fun night!

mah jong

Beginners and advanced players welcome.
Bring your friends - members and non-members.

We have instructors and refreshments!!!

Canasta

Canasta lessons will be offered to a maximum of eight beginners. Advanced players are welcome if we have groups of four.

Tuesday, March 24 & Thursday, April 23 at 7:00pm

in the TBE social hall

Fee: \$10 per person to cover security cost

PLEASE RSVP, so we know how many tables we need, to
Fran Ginsburg at ginsstamf@gmail.com or 203-979-9570.

Temple Beth El Sisterhood, 350 Roxbury Rd, Stamford, CT 06902
www.tbe.org | 203-322-6901



Men's Club Shabbat

Shabbat, April 18, 2026
Parashat Tazria-Metzora

The Shabbat morning service starting at 10:00 am
will be led by members
of the Temple Beth El Men's Club.

Please stay for Kiddush following the service
sponsored by the Men's Club.

If you can't join us in person, join us on livestream

<http://www.tbe.org/tbe-live/>

All are welcome!

Temple Beth El, 350 Roxbury Road, Stamford, CT 06902
203-322-6901 | www.tbe.org | office@tbe.org



DONATE ONLINE
Go to: www.tbe.org/donate/

OPPORTUNITIES FOR GIVING

- Adult Education Fund
- Paver Walkway Campaign
- Beth El Cares
- Rabbi Knopf's or Cantor Kaplan's Mitzvah Fund
- Goldberg Scholarship Fund
- Emmet Manheim Memorial Playground
- Kiddush Fund
- Matthew Klein Memorial Sanctuary Garden Fund
- Music Fund
- Project Ezra
- Religious School Fund
- Frank and Rose Rosner Memorial Fund
- Security Fund
- Shabbat Bags
- Youth Fund

TREE OF LIFE



A beautiful way to commemorate a special occasion is to purchase a "leaf" on our beautiful "Tree of Life" sculpture adorning our Temple lobby. There are many more leaves available for your own personal inscriptions.

The following categories are still available:

Triple Chai	\$1,000
Silver Leaves - Gold Border	\$750
Silver Leaves (very few remaining)	\$250

Call the office for information 203-322-6901.

INFORMATION FOR YOU...

When making a donation an acknowledgement will be mailed to the designee for donations of \$10 or more. Donations of less than \$10 will be acknowledged only in the Bulletin. All donations will be published in the Bulletin unless you state that you wish to be anonymous.

CHECK US OUT ON
facebook

facebook.com/tbestamford/

CONTRIBUTING SHARES OF STOCK TO TEMPLE BETH EL

One way to boost your charitable contributions to Temple Beth El is to give shares of appreciated stock instead of cash. You do not pay any tax on your capital gain, and your charitable deduction is the shares' entire fair market value.

Beth El members may contribute shares of stock to satisfy their dues pledge, their annual fund pledge, and other contributions to the Temple.

After consulting your tax advisor, please contact the TBE office at 203-322-6901.

DID YOU KNOW...

TBE offers free family membership for the first year to any member's child on the occasion of his or her marriage. For more information, contact Mindy Rogoff at 203-322-6901, ext. 301.



HAVE YOU VISITED OUR WEBSITE?

www.tbe.org

Find out about the latest news and upcoming activities ... access our online membership directory ... register for events and make donations ... connect to TBE's Twitter and Facebook pages ... and much more.

Ramah Family Camps 2026

Fun for the whole family with counselor-led adventures.
Family and adult-only time, and a magical Ramah Shabbat!

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MAY 29-31
2026

AUGUST
FAMILY CAMP

AUGUST 19-23
2026



 **Ramah**
YEAR-ROUND
ramahfamilycamp.org

WE ARE GRATEFUL FOR YOUR CONTRIBUTIONS

IN HONOR OF:

LILAH KNOPF ON BECOMING A BAT MITZVAH

Stacye & Stuart Nekritz

VIVIAN KAPLAN ON BECOMING A BAT MITZVAH

Stacye & Stuart Nekritz, Laura Markowitz, Susan Frieden,
Devra Jaffe-Berkowitz & Parry Berkowitz

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Devra Jaffe-Berkowitz & Parry Berkowitz

RABBI MICHAEL KNOPF ON THE ANNIVERSARY OF HIS BAR MITZVAH

Devra Jaffe-Berkowitz & Parry Berkowitz

THE BIRTH OF JAMES ARI DUFFY

Devra Jaffe-Berkowitz & Parry Berkowitz

REFUAH SHELEIMA FOR FRAN & RABBI GERRY GINSBURG'S GRANDDAUGHTER

Suzanne Stone

NEIL KATZ ON HIS SPECIAL BIRTHDAY

Dana Horowitz, Peter Wolly & Family

THE BIRTH OF CHASE OWEN WINER

Sharon & Steve Winer, Dana Horowitz, Peter Wolly & Family

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A refuah sheleima for Stan Friedman by Suzanne Horn

In memory of...

Sara Galler, z'l, by Marilyn & Mitch Sofer
Stanley Galler, z'l, by Marillyn & Mitch Sofer

MUSIC FUND

In honor of...

Vivian Kaplan becoming a Bat Mitzvah by Judy
Schneiderman, Susan Schneiderman, Suzanne Horn

MEN'S CLUB

In memory of...

Norma Shapiro, z'l, by Marlyn & Rich Agatstein

KESHER BETH EL FUND

In memory of...

Lydia & Jerome Nekritz, z'l, by Stacye & Stuart Nekritz
Corynne & Leonard Klein, z'l, by Stacye & Stuart Nekritz

BUILDING FUND

In memory of...

Joel Brest, z'l, by Carol & Allen Krim

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In memory of...

Joel Brest, z'l, by Elaine Friedman & Family
Rose Aronoff, z'l, by Manya Phillips & Rabbi Eric Hoffman
Norma Shapiro, z'l, by Susan & Carl Shapiro
Fred Golove, z'l, by M. Dawn Balopole
Julius Bresslour, z'l, by Marcia Bresslour Staines & Mark Staines
Riva Schulman, z'l, by Esta Berman-Price & Jeff Price

CANTOR KATIE KAPLAN MITZVAH FUND

In honor of...

Vivian Kaplan becoming a Bat Mitzvah by Carol & Allen Krim,
Robin Evans & Jeffrey Perry, Ellie Mirne

In memory of...

Esther Meth, z'l, by Fran & Rabbi Gerry Ginsburg, Jamie
Morvitz & Matthew Miller, Cwass Family, Betsy & Peter
Kempner, Harriet & Seymour Weinstein, Susan & Carl
Shapiro

Sarah Bloomenthal, z'l, by Amy & Mel Bloomenthal

Norma Shapiro, z'l, by Jennifer & Harris Meth

Fred Golove, z'l, by Marlyn & Rich Agatstein

SHABBAT BAG FUND

In memory of...

Freda Novick, z'l, by Meryl & Hank Silverstein
George horowitz, z'l, by Meryl & Hank Silverstein

In honor of...

In appreciation by Belle-Ann Abrams

BETH EL CARES

In memory of...

Norma Shapiro, z'l, by Gail & Ray Walter
Shirley Brody, z'l, by Lisa & Harry Rich
Bertram Lavine, z'l, by Lori & Stuart Ratner

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In memory of...

Mildred Sesnowitz, z'l, by Suzanne Horn

STEVEN AND LIEBA LANDER LECTURE FUND

In memory of...

Fred Golove, z'l, by Marsha Matthews



REMEMBERING OUR LOVED ONES



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 Maddy Shapiro **ROSE BELITZ**
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GEORGE HELLER, z'l
 Carol & Allen Krim, Liz & Scott Krowitz, Ellie Mirne, Betsy & Peter Kempner
NORMA SHAPIRO, z'l
 Loren & Mark Roth, Devra Jaffe-Berkowitz & Parry Berkowitz, Sharon & Jeff Turshen, Denise & David Greenman, Beverly & David Stein
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 Fran & Rabbi Gerry Ginsburg, Harriet & Seymour Weinstein, Roni & Allan Lang,
FRED GOLOVE, z'l
 Golove Family of Marlboro, NJ, Golove Family of East Northport, NY, Fran & Rabbi Gerry Ginsburg, Harriet & Seymour Weinstein, Susan Frieden, Phyllis & Gary Gladstein, Denise & David Greenman, Lois Stark & Gary Lessen, Linda & Joe Rothman, Maxine & Jay Freilich & Family, Caren & Glen Price, Jim Rothkopf, Connie & Alan Freeman, Betsy & Peter Kempner, Mimi Cohen, Evelyn & Bruce Kahn, Lorelee & Phil Granowitz
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 Carol & Wil Brewer
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WE MOURN THE PASSING OF...

FRED GOLOVE husband of Sandy Golove, father of Jessica Bradley, brother of Rebecca Lehrfeld
SHIRLEY BRODY mother of Rick Brody
NORMA SHAPIRO mother of Carl Shapiro
ESTHER METH mother of Harris Meth
GEORGE HELLER husband of Phyllis Heller
CHARLES WINER brother of Stephen Winer
JOEL BREST, husband of Wendy Brest
JOEL MELLIS, husband of Ellen Mellis
DOROTHY TRIEF, mother of Frank Trief

SHIVA NOTICES AVAILABLE ON-LINE

Congregants who are looking for shiva information can now quickly look online instead of searching their inbox for the announcement or calling the synagogue office. Just go to TBE's website (www.tbe.org) and click "Shiva Notices" under the WHAT'S NEW menu.

MEMORIAL PLAQUES



Inscribe the names of your loved ones on a plaque in our Chapel foyer along with a light to commemorate their *yahrtzeit* and *yizkor* observances throughout the year. For details, contact Mindy at office@tbe.org or 203-322-6901, ext. 301.

Noah's Ark



Have you seen our replica of Noah's Ark in the lobby by the main office? It is walnut, measures 76" by 72", and has 149 plaques and 18 larger animals that can include engraved messages in honor of a family's children or anyone else, or in honor of a significant family event .

We are asking you to consider honoring your children (or anyone else) by donating \$250 to this project and buying a plaque. We hope that you might be further moved to buy one of the remaining animals for a donation of \$1,000.

Proceeds to benefit Keshet Beth El.



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AND SPIRIT OF HER CELEBRANTS.

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TEMPLE BETH EL
350 Roxbury Road
Stamford, CT 06902
www.tbe.org



To create your legacy contact Erica Newman
execdir@tbe.org | 203-322-6901, ext. 304



Israeli Dance classes offered at Temple Beth El

Beginner classes!

Prior experience is not required.

Learn classic and modern dances to popular songs;
Enjoy the social aspect! Reap physical & mental benefits!

Thursday evenings: 6:45 PM - 7:45 PM

Sunday afternoons: 1:00 PM - 2:00 PM

Special events: Available to teach, lead and/or perform:
Temple events, Hebrew school, weddings, bridal showers, birthdays,
Bar/Bat Mitzvahs, assisted living venues

Contact Leng Phone: 203.912.4086 IsraeliDanceTeacher@gmail.com
www.CTIsraeliDance.com



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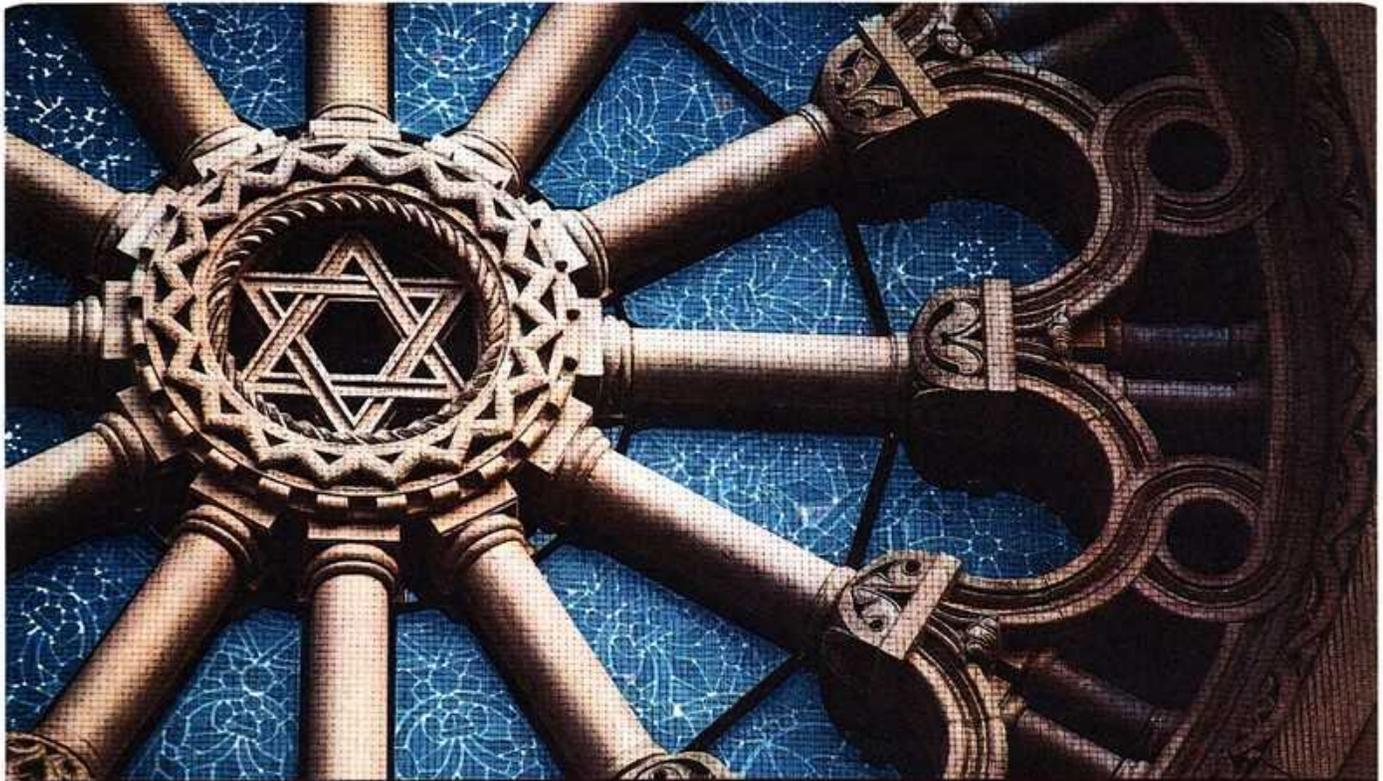
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Check out our special website
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www.thebigeventspace.com

Please let your friends and business
associates know how we can fulfill their
celebratory and meeting needs.

The deadline for the
March-April 2026 Bulletin
will be Monday, February 2, 2026.



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